

Decoupling Method Toby Cubitt
in Quantum Shannon Theory

Much of the following material (and more!) was originally proven in arXiv: quant-ph/0606225

These notes largely follow Section 10.9 of Preskill's wonderful lecture notes, with a (very) few changes / additions.

Before the decoupling method, results in quantum Shannon theory (capacity formulae etc.) were proven using ad-hoc methods. Each result had to be proven separately, the proofs were long & complicated*, and there was no unifying principle behind them (in the way random coding & typical sets serve as unifying principles classically).

*If you think the proofs in these notes are long, read the pre-decoupling proofs!

The decoupling method + the "Church of the larger Hilbert space" (i.e. always purify everything before analysing) provide those unifying principles. Using these, we can prove essentially all[†] results in quantum Shannon theory!

[†]Even the classical capacity formula, see arXiv:1207.0067

Fundamental intuition: "if we can decorrelate output from environment, we can communicate quantumly".

Notation & Definitions

$A, B \in M_d$ (i.e. $d \times d$ matrices)

$$- \|A\| = \|A\|_{\infty} := \sup_{|\psi\rangle \in \mathcal{H}} \frac{\|A|\psi\rangle\|}{\||\psi\rangle\|}$$

operator norm (Schatten ∞ -norm)

unitarily invariant: $\|U A U^+ \| = \|A\|$

$$- \|A\|_1 := \text{tr}|A| = \text{tr}\sqrt{A^+ A}$$

trace norm (Schatten 1-norm)

unitarily invariant; note for $A \geq 0$, $\|A\|_1 = \text{tr } A$

$$- \|A\|_p := (\text{tr}|A|^p)^{1/p} = (\text{tr}(A^+ A)^{p/2})^{1/p}$$

Schatten p -norm

- Recall all norms satisfy triangle inequality:

$$\|A+B\| \leq \|A\| + \|B\|$$

- Submultiplicativity: $\|AB\|_p \leq \|A\|_p \|B\|_p$

- Monotonicity: $\forall 1 \leq p \leq q \leq \infty : \|A\|_p \geq \|A\|_q$

- Every norm defines a distance measure: $\|A - B\|$

$$- H_p := \frac{1}{1-p} \log(\text{tr } \sigma^p)$$

Renyi p -entropy of density matrix σ :

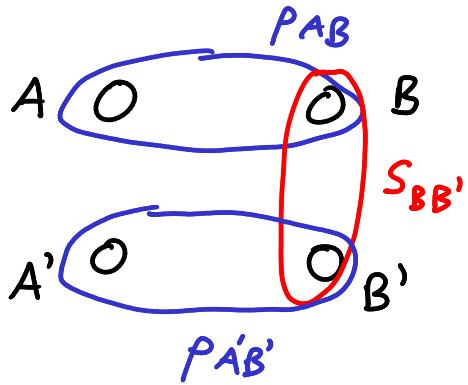
$$- \lim_{p \rightarrow 1} H_p(\sigma) = H(\sigma) \quad \text{von Neumann entropy}$$

$$- \text{Monotonicity } \forall 1 \leq p \leq q \leq \infty : H_p(\sigma) \leq H_q(\sigma)$$

Lemma ("Swap trick")

$$\text{tr}(\rho_B^2) = \text{tr} \left[(\mathbb{1}_{AA'} \otimes S_{BB'}) (\rho_{AB} \otimes \rho_{A'B'}) \right]$$

where $S_{BB'} | \Psi \rangle_{B'} | \varphi \rangle_B = | \varphi \rangle_B | \Psi \rangle_{B'}$, Swap operation



Theorem (Uhlmann)

$$\text{Fidelity } F(\rho, \sigma) := \text{tr} \sqrt{\rho^{1/2} \sigma \rho^{1/2}}.$$

$$F(\rho, \sigma) = \max_{|\Psi\rangle_{AE}} \langle \Psi | \varphi \rangle \quad \text{where} \quad \begin{aligned} \text{tr}_E |\Psi\rangle_{AE} \langle \varphi| &= \rho_A \\ \text{tr}_E |\Psi\rangle_{AE} \langle \varphi| &= \sigma_A \end{aligned}$$

$$= \max_{U_E} \langle \Psi | U | \varphi \rangle \quad \text{for any fixed } |\Psi\rangle, |\varphi\rangle \\ \text{s.t.} \quad \begin{aligned} \text{tr}_E |\Psi\rangle_{AE} \langle \varphi| &= \rho_A \\ \text{tr}_E |\Psi\rangle_{AE} \langle \varphi| &= \sigma_A \end{aligned}$$

Lemma (equivalence of fidelity & trace-distance)

$$1 - F(\rho, \sigma) \leq \frac{1}{2} \|\rho - \sigma\|_1 \leq \sqrt{1 - F(\rho, \sigma)^2}$$

Lemma (partial trace identity)

$$\text{tr}_{AB} (\mathbb{1}_A \otimes M_B \cdot X_{AB}) = \text{tr}_B (M_B \cdot \text{tr}_A (X_{AB})) .$$

Theorem (Steinspring dilation)

CPTP map (aka quantum channel) Σ .

$$\Sigma(\rho) = \text{tr}_E (V_{A \rightarrow BE} \rho V_{A \rightarrow BE}^*)$$

for some Isometry V , i.e. $V^*V = \mathbb{1}$

$$= \text{tr}_E (U_A \rho \otimes \mathbb{1}_E) U_A^*$$

for some unitary U , i.e. $U^*U = UU^* = \mathbb{1}$

Theorem (Choi-Jamiołkowski isomorphism)

CPTP map $\Sigma: M_d \rightarrow M_d$ (i.e. acts on qudits)

Choi-Jam. state $\sigma := \Sigma \otimes I(\phi)$

where $|\phi\rangle = \frac{1}{\sqrt{d}} \sum_{i=1}^d |ii\rangle$ max ent., $\phi = |\phi\rangle\langle\phi|$.

$$\text{Also, } \Sigma(\rho) = d \cdot \text{tr}_A (\rho^T \otimes \mathbb{1} \cdot \sigma)$$

Lemma ("Transpose trick")

For any matrix $M \in M_d$: (i.e. $d \times d$ matrices)

$$M \otimes \mathbb{1} |\phi\rangle = \mathbb{1} \otimes M^T |\phi\rangle$$

$$\text{where } |\phi\rangle = \frac{1}{\sqrt{d}} \sum_{i=1}^d |ii\rangle$$

Lemma (trivial, but will be used frequently w/out reference)

Pure state $|\psi\rangle_{AB}$: $H(\rho_A) = H(\rho_B)$

$$\rho_A := \text{tr}_B |\psi\rangle_{AB}\langle\psi|, \quad \rho_B := \text{tr}_A |\psi\rangle_{AB}\langle\psi|$$

Proofs: Exercise!

(This means: "Go away & prove all of these yourself!")

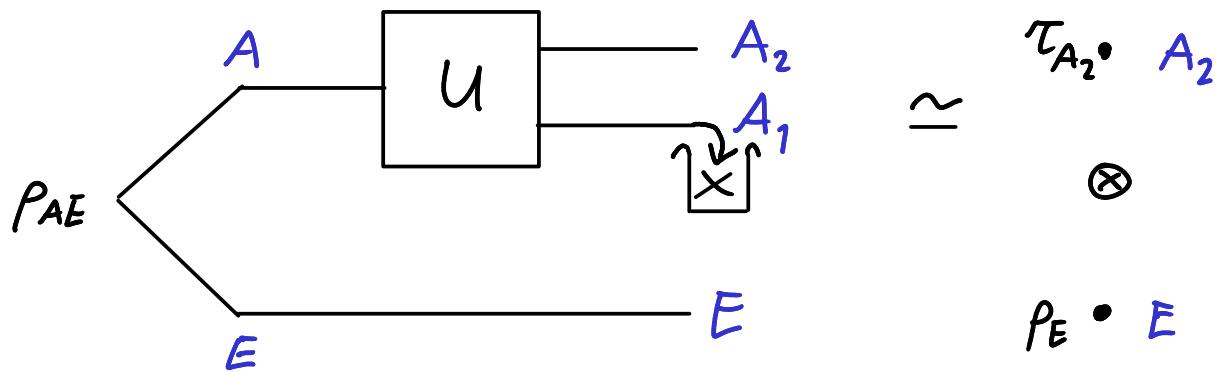
The following Lemma is the key technical result behind the decoupling technique.

Lemma (Decoupling)

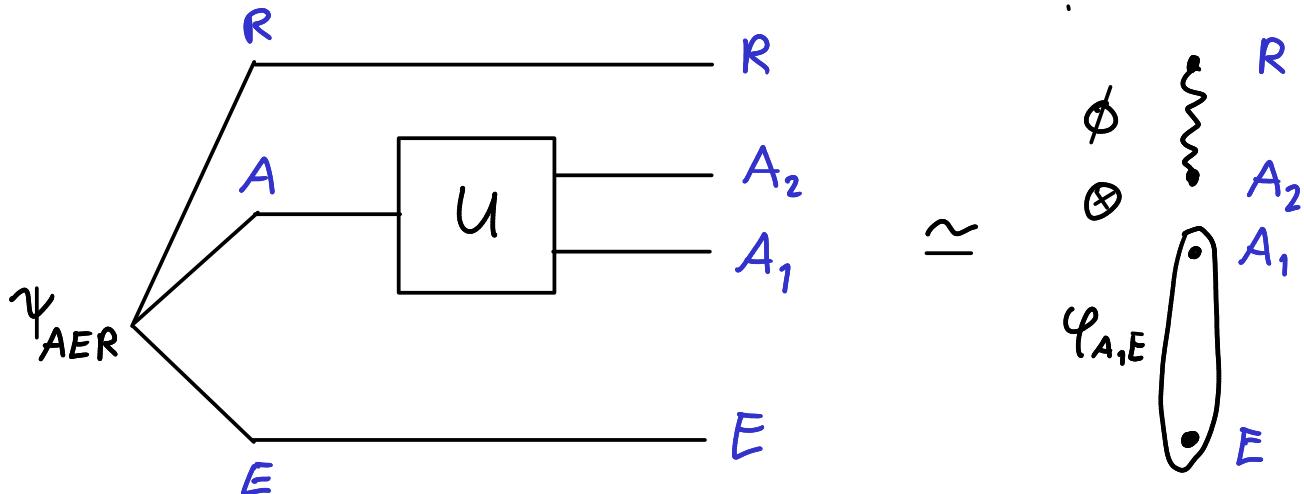
$$\mathbb{E}_u \left[\| \text{tr}_{A_1} \left((U_A \otimes \mathbb{1}_E) \rho_{AE} (U_A^\dagger \otimes \mathbb{1}_E) \right) - \tau_{A_2} \otimes \rho_E \|_1 \right] \\ \leq \left(\frac{|A_2| \cdot |E|}{|A_1|} \text{tr}(\rho_{AE}^2) \right)^{1/2} \rho_{AE}^{(u)}$$

where $\tau_X := \frac{\mathbb{1}_X}{|X|}$

In pictures:



or, taking purifications of everything:



Proof

$$\begin{aligned}
 & \left(\mathbb{E}_u \left[\| \text{tr}_{A_1}(\rho_{AE}^{(u)}) - \tau_{A_2} \otimes \rho_E \|_1 \right] \right)^2 \\
 & \leq \mathbb{E}_u \left[\| \text{tr}_{A_1}(\rho_{AE}^{(u)}) - \tau_{A_2} \otimes \rho_E \|_1^2 \right] \\
 & \quad f \geq 0 : (\mathbb{E}[f])^2 \leq \mathbb{E}[f^2] \\
 & \leq |A_2| \cdot |E| \cdot \mathbb{E}_u \left[\| \text{tr}_{A_1}(\rho_{AE}^{(u)}) - \tau_{A_2} \otimes \rho_E \|_2^2 \right] \\
 & \quad \|M_x\|_1^2 \leq |x| \cdot \|M\|_2^2 \\
 & \leq |A_2| \cdot |E| \cdot \mathbb{E}_u \left[\text{tr} \left(\text{tr}_{A_1}(\rho_{AE}^{(u)}) - \tau_{A_2} \otimes \rho_E \right)^2 \right] \\
 & = |A_2| \cdot |E| \cdot \mathbb{E}_u \left[\text{tr} \left(\text{tr}_{A_1}(\rho_{AE}^{(u)}) \right)^2 - \frac{1}{|A_2|} \text{tr}(\rho_E^2) \right] \\
 & \quad \text{expanding \& using } \text{tr}(X_{AB} \cdot \mathbb{1}_A \otimes Y_B) = \text{tr}(\text{tr}_A(X_{AB}) Y_B) \\
 & = |A_2| \cdot |E| \cdot \left(\mathbb{E}_u \left[\text{tr} \left(\text{tr}_{A_1}(\rho_{AE}^{(u)}) \right)^2 \right] - \frac{1}{|A_2|} \text{tr}(\rho_E^2) \right) (*) \\
 \end{aligned}$$

Now,

$$\begin{aligned}
 & \mathbb{E}_u \left[\text{tr} \left(\text{tr}_{A_1}(\rho_{AE}^{(u)}) \right)^2 \right] \\
 & = \mathbb{E}_u \left[\text{tr} \left((\mathbb{1}_{A_1 A'_1} \otimes S_{(A_2 E)(A'_2 E')}) (\rho_{AE}^{(u)} \otimes \rho_{A'E'}^{(u)}) \right) \right] \\
 & \quad \text{Swap trick} \\
 & = \mathbb{E}_u \left[\text{tr} \left((U_A^\dagger \otimes \mathbb{1}_E \otimes U_{A'}^\dagger \otimes \mathbb{1}_{E'}) \cdot (\mathbb{1}_{A_1 A'_1} \otimes S_{A_2 A'_2} \otimes S_{EE'}) \right. \right. \\
 & \quad \cdot \left. \left. (U_A \otimes \mathbb{1}_E \otimes U_{A'} \otimes \mathbb{1}_{E'}) \cdot \rho_{AE} \otimes \rho_{A'E'} \right) \right]
 \end{aligned}$$

$$= \text{tr} \left(\mathbb{E}_u \left[(U_A^+ \otimes U_{A'}^+) (\mathbb{1}_{A_1 A_1'} \otimes S_{A_2 A_2'}) (U_A \otimes U_{A'}) \right] \otimes S_{E'E'} \cdot \rho_{AE} \otimes \rho_{A'E'} \right)$$

linearity of \mathbb{E} , i.e. $\mathbb{E} [\text{tr}(f)] = \text{tr}(\mathbb{E}[f])$

Note: $\mathbb{E}_u [\sim]$ is now expectation of fixed operator \rightarrow "just" calculate!

$$\text{Turns out } \mathbb{E}_u [\sim] = c_1 \mathbb{1}_{AA'} + c_2 S_{AA'}$$

$$\text{where } c_{1,2} = \frac{1}{|A_{2,1}|} \left(\frac{1 - 1/|A_{1,2}|}{1 - 1/|A|} \right) \leq \frac{1}{|A_{2,1}|}$$

$$= \text{tr} \left((c_1 \mathbb{1}_{AA'} + c_2 S_{AA'}) \otimes S_{EE'} \cdot \rho_{AE} \otimes \rho_{A'E'} \right)$$

$$= c_1 \text{tr} ((\mathbb{1}_{AA'} \otimes S_{EE'}) (\rho_{AE} \otimes \rho_{A'E'})) \\ + c_2 \text{tr} ((S_{AA'} \otimes S_{EE'}) (\rho_{AE} \otimes \rho_{A'E'}))$$

$$= c_1 \text{tr} (\rho_E^2) + c_2 \text{tr} (\rho_{AE}^2) \quad \text{Swap trick}^{-1}$$

$$\therefore \mathbb{E}_u \left[\text{tr} \left(\text{tr}_{A_1} (\rho_{AE}^{(u)})^2 \right) \right] \leq \frac{1}{|A_2|} \text{tr} (\rho_E^2) + \frac{1}{|A_1|} \text{tr} (\rho_{AE}^2).$$

Using this in (*) we are done. \square

Lemma (entanglement distribution \Rightarrow q. communication)

Quantum channel $\mathcal{E}: \mathcal{M}_d \rightarrow \mathcal{M}_d$ (CPTP map).

If $\|\mathcal{E} \otimes \mathcal{I}(\phi) - \phi\|_1 \leq \delta$, then

$\forall \rho \quad \|\mathcal{E}(\rho) - \rho\|_1 \leq d\delta$.

Proof

$$\|\mathcal{E}(\rho) - \rho\|_1$$

$$= \|d \cdot \text{tr}_A (\rho^T \otimes \mathbb{1} \cdot \mathcal{E} \otimes \mathcal{I}(\phi)) - \rho\|_1 \quad \text{Choi-Jam.}$$

$$= \|d \cdot \text{tr}_A (\rho^T \otimes \mathbb{1} \cdot (\phi + \mathcal{E} \otimes \mathcal{I}(\phi) - \phi)) - \rho\|_1$$

$$\leq \|d \cdot \text{tr}_A (\rho^T \otimes \mathbb{1} \cdot \phi) - \rho\|_1 + d \cdot \|\mathcal{E} \otimes \mathcal{I}(\phi) - \phi\|_1, \quad \text{triangle inequality}$$

$$\leq \|d \cdot \text{tr}_A (\mathbb{1} \otimes \rho \cdot \phi) - \rho\|_1 + d\delta \quad \text{transpose trick}$$

$$= \|d \cdot \rho \cdot \text{tr}_A(\phi) - \rho\|_1 + d\delta$$

$$= \|\rho \cdot \mathbb{1} - \rho\|_1 + d\delta$$

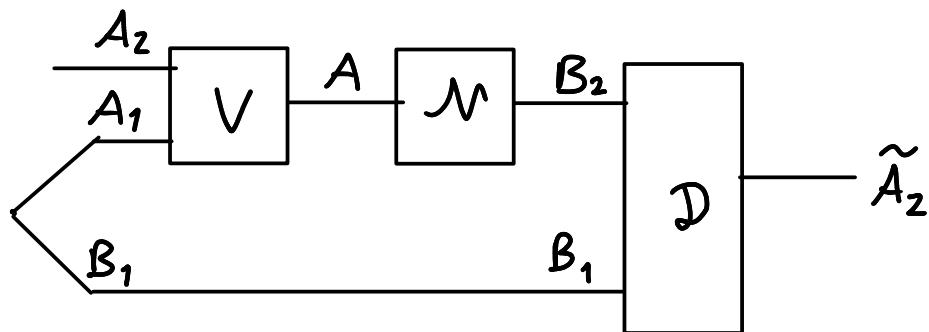
$$= d\delta \quad \square$$

Thm (Father protocol)

$$\langle \mathcal{N}^{A \rightarrow B} : \rho_A \rangle + \frac{1}{2} I(R; E)[q_q] \geq \frac{1}{2} I(R; B)[q \rightarrow q]$$

I.e. $\forall \varepsilon \exists n_0 \forall n > n_0 :$

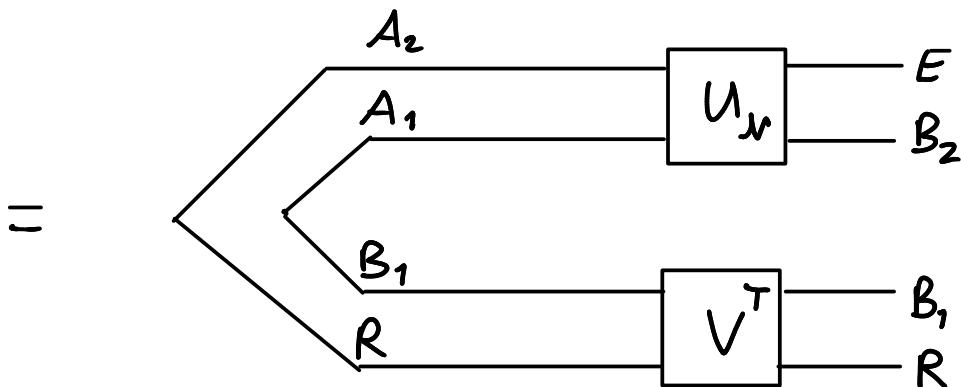
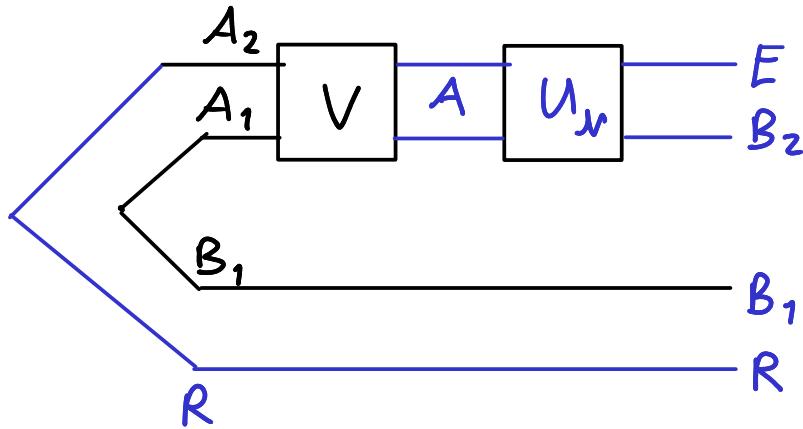
n channel uses + $\frac{1}{2} I(R; E)$ e-bits $\downarrow \frac{1}{2} I(R; B)$ qubits of q. communication
can simulate to fidelity $\leq \varepsilon$



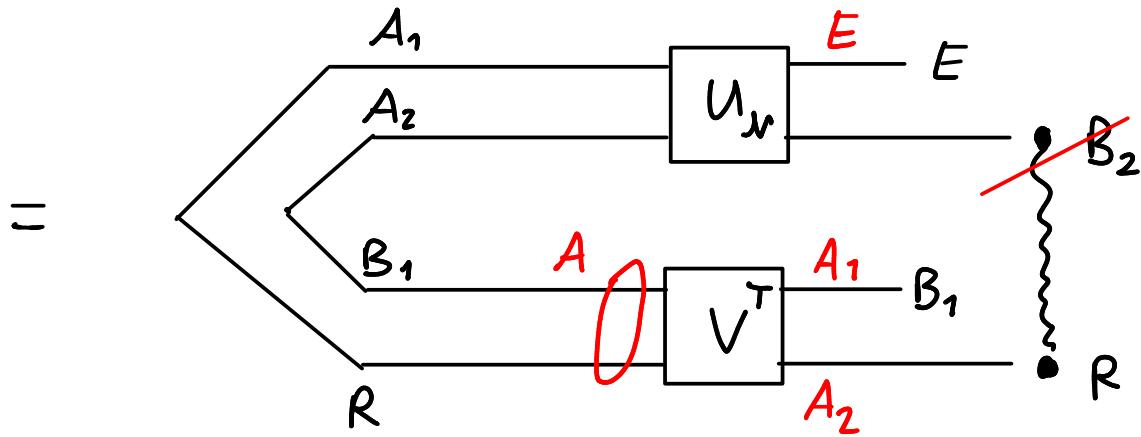
Proof

One-shot version

Purify & ignore decoder:



in decoupling ineq.



if R, E decouple (\equiv q. communication by ent. dist. \Rightarrow q. comm. Lemma)

Choose Haar-random V^T ($\Rightarrow V$ Haar-random).

$$\begin{aligned}
 & \mathbb{E}_V \left[\| \text{tr}_{B_1} [\mathcal{N} \circ V_{A_1, A_2} (\phi_{A_2 R} \otimes \phi_{A_1 B_1})] - \phi_{B_2 R} \|_1 \right] \\
 &= \mathbb{E}_V \left[\| \text{tr}_{B_1} ((V_{B_1 R} \otimes \mathbb{1}_E) \rho_{B_1 R E} (V_{B_1 R} \otimes \mathbb{1}_E) - T_R \otimes \rho_E) \|_1 \right] \\
 &\leq \left(\frac{|R| \cdot |E|}{|B_1|} \text{tr}(\rho_{B_1 R E}^2) \right)^{1/2} \quad \text{decoupling} \\
 &= \left(\frac{|R| \cdot |E|}{|B_1|^2} \text{tr}(\rho_{R E}^2) \right)^{1/2} \quad B_2 \text{ purifies } B_1 R E
 \end{aligned}$$

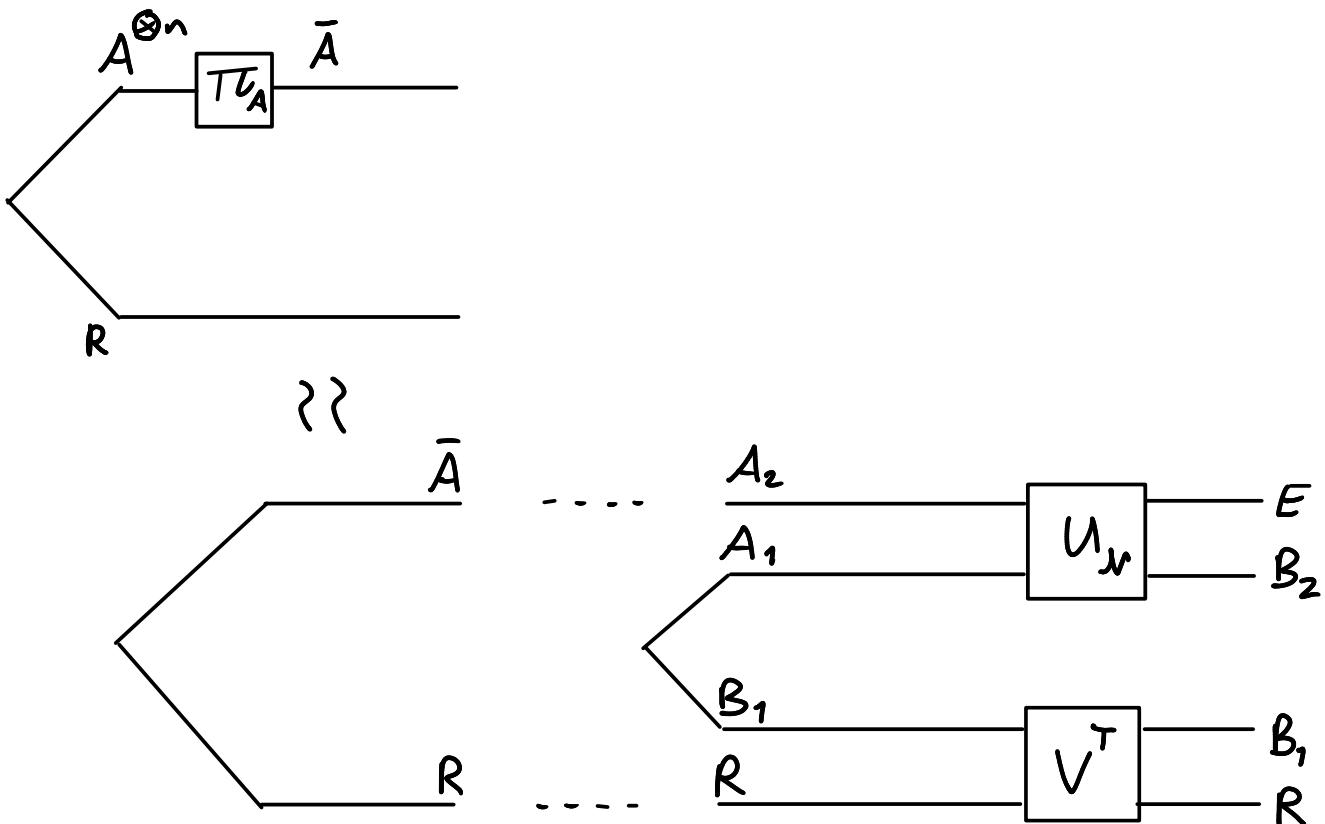
\therefore Obtain high fidelity with max-ent. state $\phi_{B_2 R}$, averaged over V , if

$$|B_1| \gg |R| \cdot |E| \cdot \text{tr}(\rho_{B_2}^2)$$

$\therefore \exists V$ achieving this.

iid version:

- Input: $A^{\otimes n}$
- Project $A^{\otimes n}$ onto typical subspace \bar{A}
 - Succeeds w.h.p.
 - Typical subspace \approx max mixed
 \Rightarrow purification \approx max entangled.
- Plug result into one-shot Fath:



$$\mathbb{E}_V [\| \text{tr}_{B_1} [\mathcal{N} \circ V_{A_1 A_2} (\phi_{A_1 R})] - \phi_{B_2 R} \|_1]_1$$

$$\leq \frac{|R| \cdot |E|}{|B_1|^2} \text{tr}(\rho_B^2) = \frac{|R| \cdot |E|}{|B_1|^2} 2 - \underbrace{\frac{1}{2-1} \log(\text{tr} \rho_B^2)}_{H_2(\rho_B)}$$

$$\begin{aligned}
 &\leq \frac{|R| \cdot |E|}{|\mathcal{B}_1|^2} 2^{-H(B)} \quad \text{monotonicity of Renyi entropy:} \\
 &\quad \quad \quad \quad \quad \quad \quad \quad H_2(\rho) \geq H(\rho) \\
 &= \frac{2^{n(H(R) + H(E) - H(B) + o(1))}}{|\mathcal{B}_1|^2} \quad \text{typical subspace} \\
 &= \frac{2^{n(I(R; E) + o(1))}}{|\mathcal{B}_1|^2}
 \end{aligned}$$

\therefore For error $\rightarrow 0$ as $n \rightarrow \infty$, need
 $|\mathcal{B}_1|^2 = 2^{n(I(R; E))} + o(n)$.

$$\begin{aligned}
 \text{Ebits used} &= \log |\mathcal{A}_1| \\
 &= \log |\mathcal{B}_1| = \frac{n}{2} I(R; E) + o(n).
 \end{aligned}$$

Qubits transmitted

$$\begin{aligned}
 &= \text{ent. generated} - \text{ent. used} \quad \text{Lemma} \\
 &= \log |\bar{\mathcal{A}}| - \frac{n}{2} I(R; E) - o(n) \\
 &= n H(A) - \frac{n}{2} (H(R) + H(E) - H(RE)) - o(n) \\
 &= n H(R) - \frac{n}{2} (H(R) + H(RB) - H(B)) - o(n) \\
 &= \frac{n}{2} I(R; B) - o(n).
 \end{aligned}$$

$$\begin{aligned}
 \therefore n \langle \mathcal{M}^{A \rightarrow B} : \rho_A \rangle + \frac{n}{2} I(R; E) [q \rightarrow q] \\
 &\geq \frac{n}{2} I(R; B) [q \rightarrow q]
 \end{aligned}$$

□

Corollary (ent.-assisted capacity, C_E)

$$C_E(N) \geq \max_A I(R; B)$$

Proof

Super-dense coding: $[q \rightarrow q] + [qq] \geq 2[c \rightarrow c]$

Father: $\langle N: p_A \rangle + \frac{1}{2} I(R; E)[qq] \geq \frac{1}{2} I(R; B)[q \rightarrow q]$

$$\begin{aligned} \therefore \langle N: p_A \rangle &+ \frac{1}{2} I(R; E)[qq] + \frac{1}{2} I(R; B)[q \rightarrow q] \\ &\geq \frac{1}{2} I(R; B) ([q \rightarrow q] + [qq]) \quad \text{Father} \\ &\geq I(R; B) [c \rightarrow c] \quad \text{super-dense} \end{aligned}$$

LHS:

$$\begin{aligned} &\langle N: p_A \rangle + \frac{1}{2} I(R; E)[qq] + \frac{1}{2} I(R; B)[q \rightarrow q] \\ &= \langle N: p_A \rangle + \frac{1}{2} \left(H(R) + \cancel{H(E)} - \cancel{H(RE)} \right. \\ &\quad \left. + H(R) + \cancel{H(B)} - \cancel{H(RB)} \right) [q \rightarrow q] \\ &= \langle N: p_A \rangle + H(R) [qq] \end{aligned}$$

$$\therefore C_E(N) \geq I(R; B), \text{ using } H(R) = H(A) \text{ ebits.}$$

□

Corollary (quantum capacity, Q)

$$Q(N) \geq I_c(A>B) := H(B) - H(E)$$

Proof

Trivially: $[q \rightarrow q] \geq [qq]$ use q.comm. to generate ent.

$$\begin{aligned} \text{Father: } & \langle N : \rho_A \rangle + \frac{1}{2} I(R; E) [qq] \geq \frac{1}{2} I(R; B) [q \rightarrow q] \\ \therefore & \langle N : \rho_A \rangle + \frac{1}{2} I(R; E) [qq] \\ & \geq \frac{1}{2} (I(R; B) - I(R; E)) [q \rightarrow q] + \frac{1}{2} I(R; E) [qq] \\ & \quad \text{Father + ent. gen.} \\ = & \frac{1}{2} (\cancel{H(R)} + H(B) - \cancel{H(RB)} - \cancel{H(R)} - H(E) + H(Re)) [q \rightarrow q] \\ & + \frac{1}{2} I(R; E) [qq] \\ & \quad \text{H(E)} \quad \text{H(B)} \\ = & (H(B) - H(E)) [q \rightarrow q] + \frac{1}{2} I(R; E) [qq] \end{aligned}$$

"Subtracting $\frac{1}{2} I(R; E) [qq]$ from both sides
 $\Rightarrow Q(N) \geq H(B) - H(E) = I_c(A>B)$ " \square

Interpretation (*):

If we start with $\frac{1}{2} I(R; E)$ ebits, can use it to obtain $I_c(A>B)$ of quantum communication and get all the ebits back at the end.

\rightarrow Get Q. capacity catalysed by entanglement

(More sophisticated use of decoupling can prove $Q(N) \geq I_c(A>B)$ without catalysis.)